

January 4, 2009

Message to the public.

We at Bellingham Family Health Clinic are committed to providing the care you need for 2009. We are three Family Nurse Practitioners with a wide range of skills to serve you. Nurse Practitioners can prescribe, order all tests, x-rays, diagnose, treat, recommend referrals, do minor surgery, and general health care.

We are able to see people usually the same day of the phone call. You can Walk-in and we will do our best to work you in. We give preference to our scheduled appointments.

We can bill your insurance. Many insurance companies are covered. Regence, Premera, Aetna, United to name a few. Check with your insurance company. We are currently limited with Medicare, and closed to DSHS.

We realize health care is tough to afford this year. You maybe don't have insurance or have a high deductible.

We've listed below what we call **Prompt Pay Care**. It is comparable to Minute Clinic pricing and usually much less than many Walk-In Clinics or private doctor's offices. We give you a discount if you pay for your service today.

EXAMPLES:

5-10 Minutes of care.....	\$52 (plus lab fees)
10-20 Minutes of care.....	\$75 (plus lab fees)
25-40 Minutes of care.....	\$120 (plus lab fees)
Well exam ages (1-39).....	\$120 (includes urinalysis, and blood draw. Lab fees extra)
Well exam ages (40-65).....	\$140 (includes UA, blood draw, guiac. Other labs extra)
Sports physical.....	\$75 (includes UA, measurements and form)
A quick sore throat would cost you the visit time plus the strep test if needed (fee \$25.)	

Once you are our patient you can communicate through RelayHealth, a secure internet service. We offer Web visits and Clinician Phone Visits for \$25.

We are more than a quick stop or walk-in clinic. We can care for complex and ongoing chronic health issue as well as today's concern. We offer you a connection to excellent providers and communication to help keep you healthy. Please look at our Web site for more information, forms, and clinic news. www.BellinghamHealth.com

Bonnie Sprague, ARNP